



# BALANCE SCREENINGS

How is your balance lately? Are you tipping a bit?

**Please join Kaweah Delta Therapists!**

**July 14, 2018**

**10:00 am - 1:00 pm**

This balance screening event is open to all members of the community, but especially aimed at older adults. No appointments are required. Various balance screens are available and therapists will provide follow up recommendations. The screenings will take about 15 minutes. Participants should bring their own hospital / anti slip socks if they have any. So get into your sneakers, put on some comfortable clothes, and come to The Lifestyle Center for this great event!

**Location:**

**The Lifestyle Center Conference Rooms**