

New cardio equipment available!



Lifefitness Intergity + Treadmill

The Integirty Series treadmill is the evolution of the trusted Life Fitness workhorse. Craft an engaging cardio experience with easy access to entertainment and fitness apps, or allow for intuitive get-on-and-go functionality. Walkers and runners both benefit from the comfort provided by FlexDeck technology, a running surface that reduces stress on the joints. Wireless internet connection allows facilities to monitor valuable asset data and make easy console software updates. Integirty treadmills are ideal for facilities looking for an inviting modern design with enough options to appeal to their exercisers.

Courtesy of Lifefitness.com



Lower Body Arc Trainer

The Arc Trainer is a versatile alternative motion cross-trainer that appeals to a wide range of exercisers. Moving arms with multigrip handles provide a total-body workout that exerts less stress on the knees than walking. The 21 incline levels allow users to choose the type of workout they prefer and the different muscle groups that they want to work. The Arc Trainer is truly a 3-in-1 cardio machine. The wide incline range gives exercisers the ability to glide (lower inclines), stride (medium inclines), or climb (higher inclines). Users can also choose between long cardio workouts, short bursts during interval training, or workouts focused on building power and strength. Fitness facilities have several console options to choose from. They range from simple and intuitive, to entertainment rich and engaging.

Courtesy of Lifefitness.com



Aspire Cross Trainer

A streamlined, all-purpose elliptical that offers inviting and effective workouts for a wide range of exercisers. The Aspire elliptical is built with the advanced biomechanics and focus on durability that Life Fitness cardio has earned a reputation for.

Courtesy of Lifefitness.com

