



WELLNESS CHECKS

AT THE LIFESTYLE CENTER

Free Service to Members!

**Wellness Checks in our Lobby
5:00 pm - 6:30 pm**

**September 18, 2018
&
November 13, 2018**

**Blood Pressure
Total Cholesterol / Glucose
Weight**

Performed by a qualified Medical Assistant or Exercise Physiologist

This non-diagnostic service is offered at NO CHARGE to TLC members