



# SPIN-A-THON

## July 21, 2018

8:30 AM - 12:30 PM

The *Lifestyle* Center  
A Division of Kaweah Delta Health Care District  
[www.TheLifestyleCenter.org](http://www.TheLifestyleCenter.org)

559.624.3400

LET'S SPIN!

# SPIN-4-RETT

COME SPIN FOR A CURE!

\$20 PER HOUR RIDE / \$25 PER HOUR RIDE  
(includes t-shirt & water bottle)

Join us for a great workout and to help bring awareness to RETT syndrome. RETT syndrome is a debilitating neurological disorder diagnosed almost exclusively in girls and occurring in one of every 10,000 female births. RETT syndrome can best be described as the perfect storm of Autism, Multiple Sclerosis, Cerebral Palsy, Epilepsy and Parkinson's Disease all wrapped in one.

Spinning not your thing? You can still support this great cause! Stop by for our opportunity drawings, information booths, kids fun, special guest appearances and more!

Space is limited. Purchase your Spin-a-thon tickets and reserve your spinning time at The Lifestyle Center Front Desk.



**The Lifestyle Center - 5105 W. Cypress Ave. - Visalia, Ca - 93277**  
Proceeds will benefit the Scarlett Parks Foundation and Valley Children's Hospital.