

PERSONAL



TRAINING

Personal Training Options

Semi Private (2-on-1 Personal Training)

Split the cost with a friend or family member.

30 Minutes of Training: \$30

1 Hour of Training: \$50

6 for \$170 / (\$85 Per Person)	6 for \$290 / (\$145 Per Person)
12 for \$330 / (\$165 Per Person)	12 for \$550 / (\$275 Per Person)
24 for \$630 / (\$315 Per Person)	24 for \$1,050 / (\$525 Per Person)
36 for \$930 / (\$465 Per Person)	36 for \$1,550 / (\$775 Per Person)

Private (1-on-1 Personal Training)

30 Minutes of Private Training: \$30

1 Hour of Private Training: \$40

6 for \$170	6 for \$230
12 for \$330	12 for \$440
24 for \$630	24 for \$840
36 for \$930	36 for \$1,240

Group Training (Groups consist of 3 to 5 People)

8 Sessions: \$99

12 Sessions: \$149

To request a personal trainer, please call: 624-4555

*Prices subject to change without notice.